



48 HOURS IN

Virginia Beach

SLOW DOWN · STAY AWHILE

WELCOME

Welcome to Virginia Beach.

Virginia Beach is the largest city in Virginia by land area and one of the most visited coastal destinations on the East Coast — yet it earns its reputation differently from other resort cities. The oceanfront boardwalk is 3 miles of wide Atlantic horizon. The Back Bay National Wildlife Refuge puts 9,000 acres of undeveloped marshland at the city's southern edge. The ViBe Creative District has turned a former industrial corridor into one of the Mid-Atlantic's most interesting arts and food neighbourhoods.

For a solo traveler, Virginia Beach works best understood as three distinct places: the resort strip (the oceanfront, Rudee Inlet, the Boardwalk), the authentic city (ViBe District, Shore Drive, Chic's Beach), and the wild edge (First Landing State Park, Back Bay, the Cape Henry Lighthouse). This guide moves between all three.

Day 1 covers the Boardwalk, the ViBe District, and the Atlantic Avenue corridor. Day 2 reaches Cape Henry, First Landing, and the quieter northern shore — then ends back on the water at sunset.

How to Use This Guide

- Read through once before you arrive — get the geography of beach, boardwalk, and back bay in mind.
- Day 1 covers the oceanfront Boardwalk, the ViBe Creative District, and the resort corridor.
- Day 2 reaches Cape Henry Lighthouse, First Landing State Park, and the Chic's Beach neighbourhood.
- A car or rideshare is useful but not essential — most Day 1 stops are walkable from the Boardwalk.
- Shoulder season (April–May, September–October) is the best time to visit — crowds thin, prices drop.

Essential Quick Facts

Currency	U.S. Dollar (\$). Cards accepted everywhere. ATMs on the Boardwalk strip.
Transport	Car or rideshare recommended. Boardwalk Trolley runs Memorial Day–Labor Day.
Weather	Humid subtropical. Hot summers (avg 88°F July). Mild spring/fall. Hurricane season June–Nov.
Time Zone	EST (UTC-5) winter · EDT (UTC-4) summer.
Emergency	911 all emergencies. VB Police non-emergency: (757) 385-5000.
Tipping	15–20% at restaurants. \$1–2/drink at bars. Not expected at food trucks.
Crowds	Memorial Day–Labor Day: peak pricing, heavy Boardwalk crowds. Plan early mornings.

DAY ONE Day One

Boardwalk · ViBe District · Rudee Inlet

Day One stays close to the water and the city's most distinctive neighbourhoods. The morning puts you on the Boardwalk before the resort crowds arrive — wide Atlantic views, the oceanfront sculpture walk, and Cape Henry's dunes at the northern end. The afternoon moves inland to the ViBe Creative District, the Mid-Atlantic's best under-the-radar arts and food corridor. The evening returns to Rudee Inlet for the most atmospheric waterside dining in the city.

MORNING 9:00 AM – 1:00 PM

9:00 AM

The Boardwalk — Atlantic Avenue

Virginia Beach's 3-mile oceanfront promenade is one of the longest recreational boardwalks on the East Coast — wide, well-maintained, and lined with public art installations rather than the usual resort clutter. The sunrise from the Boardwalk is among the most spectacular on the Atlantic seaboard. The Neptune statue at 31st Street marks the geographic and photographic centre of the strip.

INSIDER TIP

The Boardwalk is best before 9am — wide, quiet, and lit by low Atlantic sun. Walk north from the Rudee Inlet end (Laskin Road) toward the quieter 40th Street section. The sculpture garden installations between 5th and 25th Streets are museum-quality and almost never mentioned in travel coverage. The Neptune Festival in late September transforms the entire strip — worth timing a visit around it.

10:30 AM

Norwegian Lady Statue & 25th Street

The Norwegian Lady stands at 25th Street and the Boardwalk — a 1962 bronze statue commemorating the shipwrecked Norwegian bark Dictator, whose figurehead washed ashore here in 1891. A matching statue stands in Moss, Norway. The surrounding blocks contain the Boardwalk's best independent coffee shops, the Virginia Beach Surf & Rescue Museum, and direct beach access without the resort hotel crowds of the main strip.

INSIDER TIP

The Surf & Rescue Museum at 24th Street is free and takes 40 minutes — genuine maritime history with original rescue boats and equipment. The coffee at Croc's 19th Street Bistro (breakfast menu until 11am) is the best on the Boardwalk. The blocks between 17th and 25th are the least commercially dense section — more local, less resort-branded.

12:00 PM

Lunch: Catch 31 or Orion's Roof

Catch 31 at 31st Street and the Boardwalk: wood-fired fish and elevated seafood on the oceanfront, with a terrace directly over the sand. One of the few Boardwalk restaurants worth the premium. Or Orion's Roof at the Hilton Virginia Beach Oceanfront — a rooftop bar and grill with the best elevated view of the Atlantic from any indoor or outdoor seat in the city.

INSIDER TIP

Catch 31 is significantly more expensive than the average Boardwalk option but the terrace placement and cooking quality justify it. Book ahead online for the terrace tables. Orion's Roof is the better value for a lighter lunch with an equally strong view — arrive before noon to get a window seat without a reservation. Both are well above the standard Boardwalk food offer.

AFTERNOON 1:00 PM – 7:00 PM

1:30 PM

ViBe Creative District

The ViBe Creative District runs along Virginia Beach Boulevard from 17th to 23rd Streets, roughly six blocks inland from the oceanfront. What was a light industrial and auto-body corridor has become the most concentrated collection of independent galleries, working artist studios, murals, craft breweries, and destination restaurants in the Hampton Roads region. The district holds a monthly First Friday art walk; the permanent murals alone are worth an hour on foot.

INSIDER TIP

The ViBe District is best explored on foot in 90-minute segments. Start at the ViBe Creative District Welcome Center on Virginia Beach Boulevard — the staff will give you the current gallery schedule and point you to studios with artists working. The murals by local artists along 18th and 19th Streets are Instagram-worthy and genuinely original. Do not miss Mermaid Winery and Commonwealth Brewing for the complete neighbourhood picture.

3:30 PM

Virginia Museum of Contemporary Art (MOCA)

Virginia MOCA at 2200 Parks Avenue is the Mid-Atlantic's most consistently interesting contemporary art museum outside the major metros. Rotating exhibitions across 16,000 square feet — ambitious programming that often includes nationally significant shows. The permanent collection focuses on post-1950 American art. The building's exterior, designed by Bohlin Cywinski Jackson, is architecturally significant — glass and steel on the edge of the ViBe District.

INSIDER TIP

MOCA is genuinely underrated — programming at a standard well above what a city of this size typically sustains. Check the current exhibition at virginiamoca.org before you arrive. The museum is open Tuesday–Sunday; Thursday evenings until 8pm are the quietest visit window. The admission is \$10–14 — one of the best value contemporary art experiences on the East Coast coast.

5:30 PM

Rudee Inlet Walk

Rudee Inlet divides the resort strip from the Croatan Beach neighbourhood and functions as the working waterfront of Virginia Beach — charter fishing boats, the inlet lighthouse, and the most atmospheric waterside views in the city. The Rudee Inlet Connector trail follows the inlet on both sides; the boardwalk extension to the south of Rudee Inlet is quieter and less crowded than the main Boardwalk strip. The inlet is most active at dusk when the charter boats return.

INSIDER TIP

Walk the south side of the inlet to the Rock Jetty — a 400-metre breakwater projecting into the Atlantic that functions as one of the best fishing and sunset viewing spots in Virginia Beach. Free, open year-round, and almost never mentioned in guidebooks. The inlet view north toward the Boardwalk hotels at dusk is the defining Virginia Beach panorama — wide, industrial, oddly beautiful.

EVENING 7:30 PM – LATE

7:30 PM

Dinner: Eurasia Café or Terrapin

Eurasia Café & Wine Bar at 4th Street: the most serious wine list on the Virginia Beach oceanfront, paired with a Southeast Asian-inflected small plates menu. Consistently strong and consistently underbooked — one of the best dinner options in the city. Or Terrapin Restaurant on 19th Street in the ViBe District: farm-to-table modern American with a Southern accent, weekly-changing menu, and a reputation that draws from across Hampton Roads.

INSIDER TIP

Terrapin is the most ambitious kitchen in Virginia Beach — book ahead at terrapinrestaurant.com. Eurasia is more casual, no reservation required on weeknights. The ViBe District after 7pm on weekends comes alive in a way the Boardwalk strip never does — outdoor seating,

DAY TWO Day Two

Cape Henry · First Landing · Chic's Beach

Day Two moves away from the resort strip entirely. The morning reaches the actual geographic beginning of European colonization in America — Cape Henry Lighthouse and the First Landing State Park forest that runs behind the dunes. The afternoon follows Shore Drive north to Chic's Beach, the most atmospheric neighbourhood waterfront in the city. The day ends on the Chesapeake Bay side at sunset — the most serene view Virginia Beach offers.

MORNING 9:00 AM – 1:00 PM

9:00 AM

Cape Henry Lighthouse

The Old Cape Henry Lighthouse, built in 1792, was the first federal construction project authorized by Congress under the new U.S. Constitution. It stands at the northern tip of Virginia Beach where the Chesapeake Bay meets the Atlantic Ocean — the spot where the Jamestown colonists first landed in 1607. The lighthouse is open for climbing (225 steps to the lantern room) and managed by the Association for the Preservation of Virginia Antiquities. The view from the top takes in the full Bay entrance and the Atlantic horizon.

INSIDER TIP

Cape Henry is inside Joint Expeditionary Base Little Creek — Fort Story. You need a valid government-issued ID and vehicle registration to access the base; rental cars are admitted. Arrive at 9am when it opens. The lighthouse climb is worth it: the panorama of the Bay entrance from the lantern room — ocean on one side, Chesapeake on the other — is unlike any view elsewhere in Virginia. Check hours at apva.org before visiting.

10:30 AM

First Landing State Park

Virginia's most-visited state park stretches along 1,200 acres of maritime forest and wetlands between the Atlantic Dunes and the Chesapeake Bay shore — bald cypress trees draped in Spanish moss growing 50 feet from Atlantic dunes is an ecological anomaly found nowhere else on the East Coast. The Cape Henry Trail runs 1.5 miles through old-growth maritime forest to the beach; the Bald Cypress Trail passes through freshwater lagoons. Both are accessible without technical gear and manageable in 45–60 minutes each.

INSIDER TIP

The bald cypress and Spanish moss combination is a genuinely rare ecological sight — subtropical forest growing at the northern limit of both species. The park entrance is on Shore Drive; the parking fee is \$5–10 depending on season. The Cape Henry Trail gives the most dramatic experience for first-time visitors. Early morning in the forest is exceptional — dew on the Spanish moss, complete silence except for woodpeckers. Bring water.

AFTERNOON 1:00 PM – 7:00 PM

12:00 PM

Lunch: Shore Drive Eats

Long Bay Pointe Marina Restaurant at the northern end of Shore Drive: waterside dining on the Chesapeake with fresh local catch and the most atmospheric lunchtime view on the Bay side of the city. Or Chick's Oyster Bar at the Chic's Beach waterfront: the original Shore Drive institution, open since the 1940s, serving raw bar and fried seafood at picnic tables overlooking Lynnhaven Inlet. Cash-friendly, unpretentious, and genuinely local.

INSIDER TIP

Chick's Oyster Bar is the correct call for a midday meal on Day 2 — raw Lynnhaven oysters, steamed shrimp, fried soft-shell crab when in season. The picnic table setup on the water is quintessential Chesapeake Bay. The Lynnhaven oysters farmed in these very waters are some of the best bivalves on the East Coast — order them raw with the house cocktail sauce. No reservations. Arrive before 12:30 on weekends.

2:00 PM

Chic's Beach Neighbourhood

Chic's Beach — properly Chesapeake Beach — is the most local and least touristy of Virginia Beach's distinct waterfront neighbourhoods. Small cottages and bungalows face the calm waters of the Chesapeake Bay. The beach itself is narrow but the water is warmer and calmer than the Atlantic side, which makes it the preferred swimming beach for local families. The Shore Drive corridor through this neighbourhood has the best collection of independent seafood restaurants in the city.

INSIDER TIP

Chic's Beach on a weekday afternoon feels like a different city from the Boardwalk resort strip — unhurried, genuinely residential, with the Bay flat and silver in the afternoon light. Walk the shore west from the main beach access toward the marina. The contrast between the Atlantic side (surf, resort energy, crowds) and this Bay side (calm water, fishermen, old cottage architecture) is one of Virginia Beach's underappreciated qualities as a destination.

4:30 PM

Back Bay National Wildlife Refuge

9,000 acres of barrier island and wetland at the southern end of Virginia Beach — one of the East Coast's most important stopover points for migratory shorebirds on the Atlantic Flyway. The refuge is accessible by bike or on foot only (no motorized vehicles beyond the entrance); the main trail runs south along the dune ridge for 4 miles with Atlantic ocean on one side and the bay and ponds on the other. No development, no commercial infrastructure — just the barrier island as it has existed for millennia.

INSIDER TIP

Back Bay requires advance planning — the entry road closes to private vehicles year-round (purchase a permit at recreation.gov). A bike makes the most sense for the main trail. The bird diversity peaks during spring and fall migrations. In any season, the silence and the scale of the wilderness so close to the resort city creates a genuinely disorienting and remarkable experience. Allow 2 hours minimum.

EVENING 7:00 PM – LATE

7:00 PM

Dinner: Tautog's or Luna Sea

Tautog's Restaurant on Winston-Salem Avenue, one block from the oceanfront: the most consistent seafood kitchen in Virginia Beach, built around local catch and Chesapeake Bay produce. Serious, quiet, and local in a way the Boardwalk restaurants never manage. Or Luna Sea Fish House at 1968 Laskin Road: creative seafood preparation with strong local sourcing and one of the best cocktail menus in the city. Book ahead for weekend evenings at either.

INSIDER TIP

Tautog's has been feeding the non-resort crowd since 1992 — a loyal local following means weekends fill up. The soft-shell crab in season (May–June) is the order. Luna Sea is newer, more ambitious in its flavour combinations, and draws a younger local crowd. Both represent

Where to Eat

The No-Tourist-Trap Food Guide

BREAKFAST & COFFEE

Commune \$6–14
608 Norfolk Ave, ViBe District

The best independent café in Virginia Beach — outstanding espresso, seasonal breakfast bowls, and a design-forward space that signals the ViBe District's ambitions clearly. Arrive before 9am on weekends.

Café Mango \$5–12
3132 Holly Rd

Neighbourhood breakfast café loved by locals. The French toast and egg scrambles are the order. A genuine alternative to the Boardwalk hotel breakfast options.

LUNCH

Chick's Oyster Bar \$12–28
2143 Vista Cir

Raw Lynnhaven oysters, steamed shrimp, fried seafood at picnic tables on the Chesapeake Bay. The most authentic seafood lunch in the city. No reservations. Cash preferred.

Doc Taylor's \$10–22
207 23rd St

Beachside lunch institution near the Boardwalk. The She-Crab Soup is definitive. Order at the counter, eat on the porch. Lines move fast on weekday mornings.

Terrapin Restaurant \$18–34
3102 Holly Rd

Farm-to-table modern American with a Southern accent. Best lunch in the ViBe District. Weekly-changing menu. Book ahead on weekends.

DINNER

Tautog's Restaurant \$26–48
205 23rd St

The most consistent seafood kitchen in Virginia Beach since 1992. Chesapeake Bay ingredients, local focus, zero tourist markup. Book at tauogsrestaurant.com.

Eurasia Café & Wine Bar \$22–38
4th St & Atlantic

The most serious wine list on the oceanfront, paired with Southeast Asian-inflected small plates. Underrated and underbooked — one of the great finds in the city.

Luna Sea Fish House \$24–42
1968 Laskin Rd

Creative seafood preparation with strong local sourcing. One of the best cocktail menus in the city. Younger local crowd. Book ahead.

Catch 31 \$34–58
3001 Atlantic Ave

Wood-fired fish and elevated seafood on the Boardwalk with a terrace over the sand. The premium Boardwalk option — book the terrace.

BARS & CRAFT BEER

Commonwealth Brewing Co. \$5–9/pint
2444 Pleasure House Rd

The anchor craft brewery of the ViBe District — outdoor beer garden, consistently excellent IPAs and sours, live music on weekends. The real local gathering point.

Back Bay Brewing

\$5–9/pint

614 Norfolk Ave

ViBe District brewery with rotating small-batch beers and a neighbourhood tap room. The most adventurous beer programme in the city.

Virginia Beach is priced lower than DC or Richmond for comparable quality. The resort strip around the Boardwalk commands a 20–30% premium over the ViBe District and Shore Drive options. Memorial Day through Labor Day adds further to that premium. The best food in the city is consistently one neighbourhood away from the oceanfront.

Navigating Virginia Beach

Virginia Beach is spread across 248 square miles — the largest city by land area in the continental U.S. The resort oceanfront is walkable and bikeable; everything else requires a car or rideshare. The Boardwalk Trolley operates Memorial Day–Labor Day and covers the resort strip between the Rudee Inlet and 42nd Street; for Day 2's Cape Henry and Shore Drive stops, a rental car or Uber is the practical solution.

Getting Around

Boardwalk Trolley

Rudee Inlet → 42nd Street (Memorial Day–Labor Day). \$2/ride or \$5 day pass. Runs every 20 minutes along Atlantic Avenue. The only transit worth using on the resort strip.

Hampton Roads Transit (HRT)

Bus routes connect the Boardwalk to ViBe District, Town Center, and the broader metro. Route 20 runs Atlantic Ave. Useful but infrequent (30–60 min headways).

Rideshare (Uber/Lyft)

The practical solution for Day 2. Cape Henry, Shore Drive, and Back Bay are not served by frequent transit. Rates are reasonable outside peak weekend hours.

Bike Rental

Beach Bike Rentals available at multiple Boardwalk stands; the Boardwalk bike path runs the full 3-mile oceanfront length. Shore Drive has a dedicated bike lane. Flat terrain throughout.

Car Rental

Available at Norfolk International Airport (ORF, 18 miles north) and at several Boardwalk-area agencies. Practical for Day 2 and any Back Bay or Cape Henry exploration.

Practical Tips

- The Boardwalk is closed to bikes 10am–6pm on summer weekends — plan bike rides early or in the evening.
- Parking on the resort strip costs \$2–4/hour in summer. The Laskin Road garages are the cheapest structured parking.
- Norfolk International Airport (ORF) serves the region. The Virginia Beach Connector Express runs to Town Center (\$4).
- Cape Henry Lighthouse requires base access ID check — allow 15 extra minutes at the gate.
- Back Bay Wildlife Refuge requires a vehicle pass (recreation.gov, \$5–10). The entry road is limited to bikes and pedestrians beyond the visitor center.
- The Boardwalk Atlantic Avenue one-way traffic pattern — understand it before attempting to drive the strip.

Backup Plans

Contingency

Virginia Beach in summer heat (July highs above 90°F) or off-season (November–February) has strong indoor alternatives. The Virginia MOCA, the Military Aviation Museum, and the Aquarium are all weather-independent and collectively represent one of the best indoor cultural options on the Mid-Atlantic coast.

Military Aviation Museum

1341 Princess Anne Rd

The largest privately owned collection of World War I and II aircraft in the world — over 140 historic aircraft, all flyable, displayed in period hangars. A collection of extraordinary scope and quality. Half-day minimum. Open daily.

Virginia Aquarium & Marine Science Center

717 General Booth Blvd

One of the strongest regional aquariums in the Mid-Atlantic. The Chesapeake Bay ecosystem exhibits and the stingray touch tank are the highlights. Best for a morning visit when school groups haven't arrived.

Ocean Breeze Waterpark

849 General Booth Blvd

The practical solution for an extreme heat day with companions or family — wave pools, slides, and lazy river. Open Memorial Day–Labor Day.

Norfolk Day Trip

30 min north on I-64

Norfolk's Chrysler Museum of Art has a world-class glass collection and a permanent collection that dramatically outperforms most museums its size. Free general admission. The most culturally significant day trip from Virginia Beach.

Know Your Neighbourhoods

RESORT OCEANFRONT

ATLANTIC AVENUE · BOARDWALK

The 3-mile Boardwalk strip and hotel corridor. Tourist-dense May–September. The sculpture walk and Neptune statue are here. Best before 9am.

VIBE CREATIVE DISTRICT

17TH–23RD ST INLAND

The city's arts and independent food destination. Galleries, breweries, MOCA. The only neighbourhood in Virginia Beach with a genuine urban identity.

RUDEE INLET / CROATAN

SOUTH BOARDWALK END

Working waterfront, charter fishing, the Rock Jetty. Quieter than the main Boardwalk strip. Best at dusk when the boats return.

CHIC'S BEACH / SHORE DRIVE

CHESAPEAKE BAY SIDE

Lynnhaven Inlet, local seafood, calm Bay water. The most atmospheric neighbourhood waterfront — and where the locals actually eat.

CAPE HENRY / FORT STORY

NORTHERN TIP

The 1792 lighthouse and the landing site of the first English colonists. Requires base access. The least visited significant historic site in Virginia.

Essential Tips

What Nobody Tells You About Virginia Beach

The resort strip is optional

The Boardwalk and Atlantic Avenue are not the whole city — they are the heavily marketed portion. The ViBe District, Shore Drive, and First Landing State Park are more interesting and less crowded on any given day.

Summer crowds are serious

Memorial Day through Labor Day: Boardwalk population multiplies, parking becomes a project, and the resort strip loses its character to the crowd. April, May, September, and October offer the same weather benefits without the chaos.

The Bay side vs. the Ocean side

Virginia Beach has two completely different waterfront personalities. The Atlantic side: surf, resort energy, public beach. The Chesapeake Bay side: calm water, local seafood shacks, fishing piers, bald cypress wetlands. Day 2 shows you the one the marketing never covers.

Cape Henry requires a military base ID check

The lighthouse is inside a military installation. Bring photo ID and vehicle registration. Allow extra time at the entry gate. The check is quick but the lighthouse and its history are worth the additional step.

The Lynnhaven oyster is the local delicacy

Chesapeake Bay oysters from the Lynnhaven River estuary are among the finest on the East Coast — brinier and more complex than most Atlantic oysters. Order them raw at Chick's Oyster Bar or Doc Taylor's. This is the one thing you should eat in Virginia Beach.

Humidity peaks in July and August

The combination of Atlantic maritime air and Mid-Atlantic summer humidity makes midday in July genuinely uncomfortable for extended outdoor activity. Plan beach and outdoor time for early morning (before 10am) and late afternoon (after 5pm). The midday heat is the argument for MOCA.

First Landing is genuinely remarkable

The bald cypress and Spanish moss ecological anomaly in First Landing State Park is not a mild curiosity — it is a genuine rarity. Subtropical species growing at the northern limit of their range, within walking distance of Atlantic dunes. The Cape Henry Trail is worth more than the average guidebook allots it.

Neptune Festival in September

The Atlantic Wahoo fishing tournament, the Neptune Festival sand sculpting competition, and the related events in late September transform the Boardwalk into its most photogenic and animated state. If dates align, worth timing a visit.

Connections

Road & Rail Onward Connections

Virginia Beach anchors the Hampton Roads region at the southeastern corner of Virginia — a metropolitan area of 1.8 million. Norfolk, Newport News, and Williamsburg are within 30 to 90 minutes. The Amtrak Carolinian/Piedmont connects to Richmond and Washington DC. Interstate 64 is the primary artery north and west. Book at amtrak.com for best fares on the Northeast Corridor.

By Road

Route	Time	Road	Service
Virginia Beach → Norfolk	30 min	I-264 W	Daily
Virginia Beach → Williamsburg	1h 15 min	I-64 W	Daily
Virginia Beach → Richmond	2h 15 min	I-64 W	Daily
Virginia Beach → Washington DC	3h 30 min	I-64 W to I-95 N	Daily
Virginia Beach → Outer Banks NC	2h 30 min	US-158 S / NC-12	Daily (seasonal bridge)
Virginia Beach → Philadelphia	5h	I-95 N	Daily

By Train (from Norfolk Amtrak, 20 min north)

Norfolk → Richmond	2h 30 min	Amtrak Virginia	Daily
Norfolk → Washington DC	4h 30 min	Amtrak NE Regional	Daily
Norfolk → New York Penn	8h	Amtrak NE Regional	Daily
Norfolk → Boston South	12h	Amtrak NE Regional	Daily
Norfolk → Philadelphia	6h 30 min	Amtrak NE Regional	Daily
Norfolk → Raleigh	5h	Carolinian / Piedmont	Daily

Norfolk Amtrak station (100 E Main St, Norfolk) is the closest rail access point to Virginia Beach — 20 minutes by rideshare or HRT bus. Amtrak does not serve Virginia Beach directly. For Washington DC and northeast connections, the Virginia Railway Express (VRE) supplements Amtrak with commuter services from Fredericksburg and Manassas. Book at amtrak.com or vre.org.

Virginia Beach awaits.

You have the plan. You know which boardwalk to reach before 9am, where the cypress trees grow next to Atlantic dunes, and which oyster bar the locals actually go to. The rest is just showing up.

BEFORE YOU LEAVE: FINAL CHECKLIST

Screenshot Day 1 and Day 2 itineraries for offline use
Buy Back Bay Wildlife Refuge vehicle pass at recreation.gov
Book Tautog's or Terrapin for dinner — essential on weekends
Check Cape Henry Lighthouse hours at apva.org
Confirm First Landing State Park trail hours at dcr.virginia.gov
Download Google Maps Virginia Beach offline before you land

Your interactive map is one scan away.

All locations from this guide, colour-coded by day, open on your phone.

goingsolo.life/maps/virginia-beach



GoingSolo.Life

TRAVEL ALONE. LIVE FULLY.