



IS IT SAFE?

Ljubljana

SOLO TRAVELER SAFETY GUIDE

Is Ljubljana Safe?

OVERALL RATING

Very safe — one of the safest capital cities in Europe for solo travelers, including women traveling alone

Ljubljana is consistently ranked among Europe's safest capital cities, and solo travelers — including women traveling alone — routinely describe it as one of the most comfortable European capitals to explore independently, day or night.

Violent crime against tourists is very rare. The realistic risk is limited to occasional opportunistic pickpocketing in the busiest tourist pockets around Prešeren Square and the Central Market during peak summer season.

Neighbourhood Safety at a Glance

AREA	RATING	NOTES
Old Town / Prešeren Square	■■■■■	Very safe day and night, well-lit and consistently busy.
Metelkova Mesto	■■■■■	Countercultural and alternative in character, but genuinely safe — liveliest and most comfortable after dark.
Tivoli Park	■■■■■	Safe throughout the day; well-used by locals at all hours, including evening joggers.
Trnovo	■■■■■	Quiet, residential, and uneventful at all hours.
Train/bus station area (Bavarski dvor)	■■■■■	Fine during the day; standard station-area awareness after dark.
RATING SCALE■■■■■ Very safe ■■■■ Safe ■■■ Use awareness ■■ Avoid at night ■ Avoid		

Transport & Common Scams

Getting Around Safely

The city bus network is safe and reliable at all hours; standard bag awareness on crowded routes is sufficient. BicikeLJ bike-share docks are well distributed and safe to use day or night. Taxis are metered and safe to hail via app or from official ranks — avoid unmarked cars offering rides near the train station.

Common Scams to Know

- Unofficial 'guides' occasionally approach visitors near the castle offering tours at inflated prices — book any tour through an official operator or the tourist information center instead.
- Overpriced riverside restaurants without posted menus are a minor tourist-pocket issue — check prices before sitting down, particularly right on Prešeren Square itself.

Health, Solo Travel & Emergency Contacts

Health & Medical

University Medical Centre Ljubljana is the country's major hospital, centrally located and equipped for any serious issue.

Tap water is safe to drink throughout the city. Pharmacies (marked with a green cross) are plentiful and can help with minor issues without an appointment.

Solo Travelers

Ljubljana is frequently cited as one of Europe's most solo-female-friendly capitals — the car-free center, well-lit riverside promenades, and active cafe culture at all hours make eating and walking alone genuinely comfortable.

Standard precautions apply late at night around the train and bus station — otherwise the city center is comfortable to walk unaccompanied well into the evening.

Emergency Contacts

SERVICE	CONTACT
Emergency (all services)	112
Police (non-emergency)	113
University Medical Centre Ljubljana	+386 1 522 1111
US Embassy Ljubljana	+386 1 200 5500
Tourist Information Center	+386 1 306 1215

Before You Go

- ☐ Save 112 and your accommodation address in Slovenian before you land
- ☐ Book castle or walking tours through official operators only
- ☐ Check restaurant prices before sitting down right on Prešeren Square
- ☐ Carry a printed or downloaded copy of this guide offline

GoingSolo.Life

Your interactive map is one scan away.

All locations from this guide, colour-coded by day, open on your phone.



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